



# QUANTASIA

ATELLIER





# EMOTIONAL WELL-BEING: THE SECRET OF SUCCESS IN LIFE

Quantasia Ateliers are experiential and transformative **workshops** based on Neuro Emotional Education and on the scientific principles of neuroscience, biology and quantum physics.

The Ateliers are aimed at those looking for behavioral enhancement tools, **they are suitable for those who want to improve the quality of life, achieve their goals with strategy and increase performances.**

The Ateliers therefore allow to:

- to develop **EMOTIONAL WELLBEING**, the fundamental condition of effortless performance!
- to create the conditions for **BEHAVIOURAL EMPOWERMENT** through the development of self-confidence!
- to increase **PERFORMANCE** and quickly achieve your goals!





## WHAT YOU WILL LEARN

During the workshops you acquire **self-coaching strategies to free yourself from emotional limitations and internal contradictions**, strategies that allow you to develop well-being, happiness and success in all its forms and in total autonomy.

**Success in the various spheres of life are a Neuro-Emotional Education!**

That is, an education of the way in which a person spontaneously emits his thoughts and emotions and how she/he creates performing actions capable of generating excellent results.



## EMOTIONAL WELL-BEING CREATES PERFORMANCE

There are two ways to advance in your evolutionary process and towards achieving your goals:

- **In pain and urgency:** there are people waiting to hit the bottom, to be fed up or sick before changing and transforming.
- In a current of **motivation, passion and enthusiasm**. The internal condition of success that you will learn to create at the Atelier!

In a current of **motivation, passion and enthusiasm**: when people are guided by a vision that goes beyond them and suffers an irrepressible motivational charge!

During the Ateliers you will learn to independently create this internal condition of enthusiasm to succeed in your goals with determination and with minimal effort!



# YOU WILL PRACTICE THE S.A.N.E.® METHOD: TECHNIQUES OF ACTIVE MEDITATION ON A NEUROLOGICAL BASIS

During the Ateliers the exercises of the **SANE Method - Neuro Emotional Alignment System will be practiced**, which consist of active and neurologically sequenced meditation techniques aimed at unlocking and developing the potential and determination that reside in each individual.

The techniques presented are reproducible and usable independently according to the degree of integration and ability, **to cultivate a full and satisfying life starting from a harmonious and balanced inner state.**



*The contents shared during the Quantasia Ateliers and all self-coaching techniques do not constitute any medical or psychological therapy.*

*Any shared notion, containing scientific information, is for training purposes only and does not constitute anything case a diagnostic or replacement medical advice.*





## BECOME THE MASTER OF YOUR LIFE!

If you want to become a master of your life, you must learn to take the reins of your thoughts and emotions and direct your mind and body to work together, in the same direction: that of your desires!

The neurological condition that allows you to create performing actions in the direction of your desires is a **Neuro-Emotional Alignment**.

The Ateliers are an extraordinary opportunity to learn **the science of performance and the self-coaching techniques** that allow you to be successful.

If you believe you deserve more from life and are looking for a certified and certified method, give yourself this unique transformative experience!



## CONTACT US



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